

The following are guidelines to make the process easier for your parish:

- See the following link for a list of Food Banks near you at <https://www.foodbankscanada.ca> or feel welcome to choose a food bank/ soup kitchen you are familiar with.
- Please register as a parish of the Ukrainian Orthodox Church of Canada (Name of Your Parish). This is a way our Church's collective and active mercy in supporting local food banks can receive recognition in our communities.
- If possible, have bins delivered to your parish/parish hall from your local food bank.
- Request canned/boxed food items, non-perishable food items, or bags of groceries.
- Promote the Food Drive through church bulletins; post the flyer in churches/ parish halls, and on social media. Use the tag line **UOCC LentenFoodDrive** for public relations.
- Record the weight of your food bin and send the weight to your eparchial representative.

- We encourage you to send/post pictures/comments of how the Food Drive in your parish is proceeding to your representative who can post on the UOCC Facebook Page, Twitter, and the UOCC website, or post on your own social media accounts.

We hope this will be a way for us to make our Lenten journeys more meaningful by giving to others in need- -please share what you are doing!

Representatives from each of the Eparchies can answer your questions:

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